











# All Inclusive: The Alignment

Our program helps supplement school physical health curriculum by ensuring kids will receive the movement and health education they need. Not only does our program align with DESE curriculum standards, but it also provides community exploration and adventurous supplemental video material.

MODULE/VIDEO	MATH	SCIENCE	HEALTH & PHYSICAL EDU
<b>GARDEN TO TABLE</b> COMMUNITY WORK / HOMEGROWN			
<b>GOOD HEALTH MATTERS</b>			
<b>HEALTHY EATING CHOICES</b> GOING TO THE MARKET/RESTAURANT DECISIONS			
<b>GOOD HEALTH: MENTAL WELLNESS</b>			

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MODULE/VIDEO	MATH	SCIENCE	HEALTH & PHYSICAL EDU
GOOD HEALTH: PHYSICAL WELLNESS	✓	✓	✓
GOOD HEALTH MATTERS: TOTAL HEALTH		✓	
WORKOUT ADVENTURE VIDEOS	✓		✓
YOUNG YOGI			✓